

## FUE vs. FUT

This table summarizes the differences between Follicular Unit Extraction (FUE) and Follicular Unit Transplant (FUT) hair transplant procedures. For details, visit our [FUE vs. FUT](#) page.

Issue	FUE	FUT
Scarring	Small round scars	Line Scar
Donor healing	Shorter	Longer
Exercise limitations	No	Yes
Post-op discomfort	Little to none	Some
Useful in those with greater donor scarring risk	Yes	No
Useful in repairing donor scars	Yes	Yes
Can have surgery with tight scalp	Yes	No
Useful for harvesting fine hair (neck)	Yes	No
Harvest body hair	Yes	No
Risk of harvesting non-permanent hair	Significant	Low
Graft quality	Variable	High
Follicular unit yield	Lower	Higher
Scarring is additive	Yes	No
Donor area shaved	Yes (unless long-hair FUE)	No
Capping	Yes	No
Buried grafts	May happen	No
Microscopic dissection in addition to extraction	May be necessary	N/A
Thinned donor area from extracting large numbers of follicular unit grafts	Yes	Yes
Narrowing donor area can expose scars	Yes	Rare
Size of single session limited by time	Yes	No
Grafts outside body for longer time	Yes	No
More expensive	Yes	No